

Hello & Goodbye 2018

Here are a couple worksheets to help you get started on your planning for 2019!!

There are no mistakes.
There really aren't any, because you
have a supreme destiny...
There's a supreme moment of
destiny calling on your life.
Your job is to feel that, to hear that,
to know that and sometimes, when
you're not listening,
you get taken off track.
You get in the wrong marriage,
the wrong relationship, you take
the wrong job. Yeah, but it's all
leading to the same path.
There are no wrong paths.
There are none.
There's no such thing as failure
really, because failure is just that
thing, trying to move you in
another direction.
~Oprah Winfrey

The sheets are "generic" but can be used for any of the areas you choose to analyze; Family, Career, Personal Growth, Finances, Health

I group mine into 4 areas: family, business, health, & finances.

Hello & Goodbye 2018

"You can't connect the dots looking forward, only looking back"
~Steve Jobs

Area Your Recapping - what area listed above

Top Celebrations - remember big or small it's all a celebration

Who makes you happy - this is pertaining to the area you are recapping

Mantra Word{s} - is there a word you use for the year?

What made you happy? - similar to celebrations, but this could be seeing my family enjoy quality time together, my clients experience

More please in 2019 - what do you for sure want to repeat

Not quite as planned - big ideas you had that didn't quite work.....

they may not be throw-outables - they may just need tweaked

What steals your joy - people, thoughts, work, clients....

Roadblock - fear, excuses, things you need to change your language on

I need to Improve - something that is staying in 2019 but needs a little tweak to get it right.

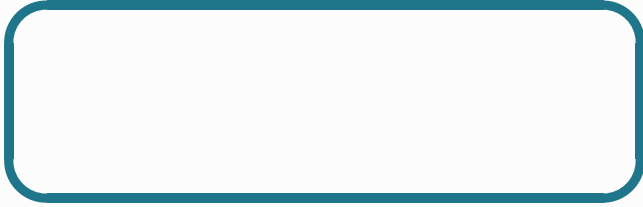
Suckers - time wasters or energy stealers

3rd sheet is analyzing your time - where is it well spent? Where is it not? Are you getting a ROI on events, who are your "people" and then a couple blank spots for whatever comes to mind

Print a set for each area you want to work on.

RECAP 2018

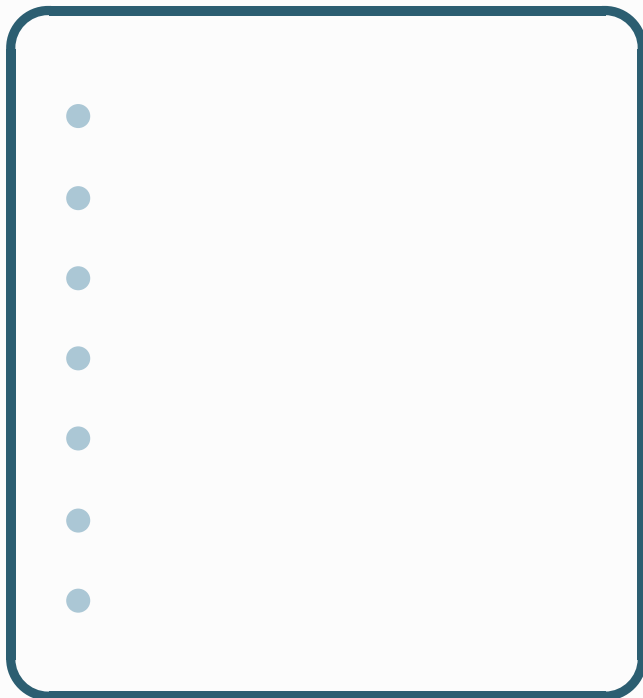
AREA YOU'RE RECAPPING



MANTRA WORD{S}



TOP CELEBRATIONS!



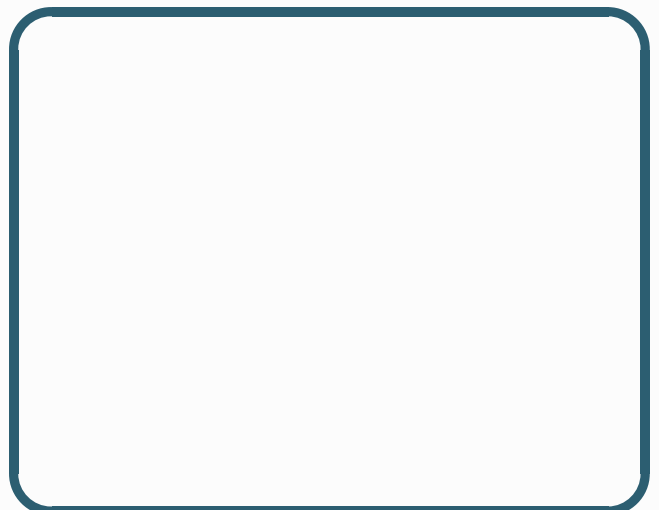
WHAT MADE YOU HAPPY



WHO MAKES YOU HAPPY

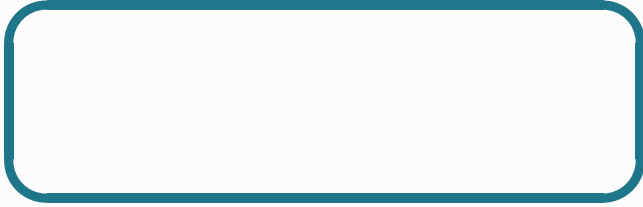


MORE PLEASE IN 2019



RECAP 2018

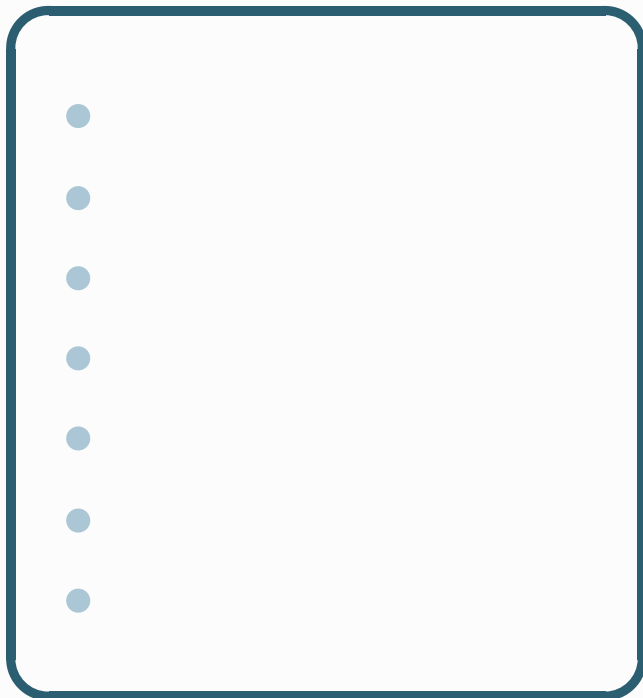
AREA YOU'RE RECAPPING



ROAD BLOCK



NOT QUITE AS PLANNED



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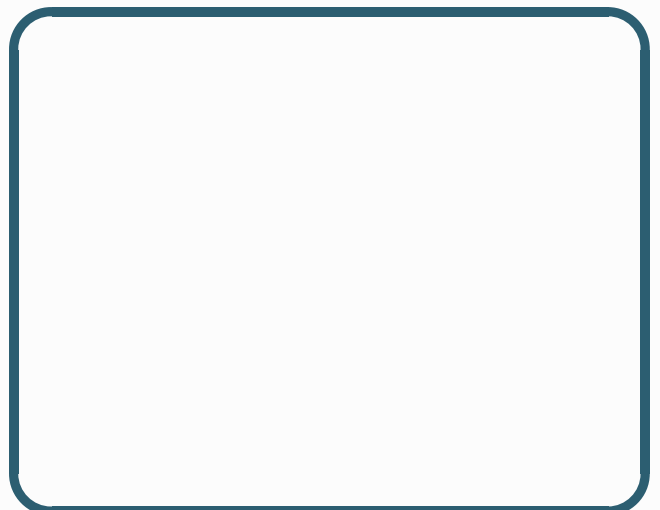
I NEED TO IMPROVE



WHAT STEALS YOUR JOY



SUCKERS - TIME-ENERGY



RECAP 2018

AREA YOU'RE RECAPPING

WHERE/ACTIVITIES IS YOUR TIME WELL SPENT?

"WHO DO YOU LOVE"

WHERE/ACTIVITIES NEED TO GO?